

Kid's Kitchen is very pleased to be returning & providing lunches at

ROSEDALE HEIGHTS P.S.
ON MONDAYS & TUESDAYS**
STARTING MONDAY, SEPTEMBER 16TH

Ordering is EASY!

To set yourself up for the program, simply visit us online at www.kidskitchen.ca.

1. **Create an Account** > create a Parent Profile and add a credit card, email address and password is used to log into our site.
 2. Then create a **Child Profile** and select "**Rosedale Heights P.S.**" – as your child's "**SCHOOL**".
 3. To place orders, next to your child's name at the bottom of the Account Summary page, click on **Manage Orders**, then simply pick a Thursday and select from the available menu. Submit.
 4. If the order you place is on the day you choose, it is confirmed.
- **Orders must be placed by 10am the previous business day (Friday for Monday orders).**
 - A valid credit card is required for online ordering. We do not charge ahead of time. We invoice for lunches delivered during the week every Saturday.

****A DAILY MINIMUM OF 25 ORDERS IS REQUIRED FOR
A SUSTAINABLE LUNCH PROGRAM**

We look forward to serving the students at Rosedale Heights P.S.!

Cancellations:

Cancellations are now accepted by email @ cancellation@kidskitchen.ca. They must be received by 7am on the delivery day. We are unable to accept cancellations after this time. Cancellations may be made in advance online.

Leave the lunches to us





Proud to be serving lunch at
ROSEDALE HEIGHTS P.S.

Service Days: Monday & Tuesday

YOUR SCHOOL MENU INCLUDES FUNDRAISING FOR YOUR SCHOOL

<u>Entrees</u>		<u>Side Items</u>	
Beef burger	\$6.00	Baked potato with sour cream	\$2.50
Buttery Pasta	\$6.50	Chicken fingers only (2pcs) (GF) (H)	\$5.00
California Rolls (9 pcs) with soy sauce, ginger & wasabi packets	\$8.00	Corn niblets	\$1.85
Chicken Burger (H)	\$6.50	Cucumber slices	\$1.75
Chicken Fingers with rice pilaf (GF) (H)	\$7.75	Edamame (cold, shelled)	\$2.35
Chicken Vegetable Stir-fry with steamed basmati rice (H) NEW	\$8.00	Garden salad with italian dressing	\$3.35
Grilled Cheese sandwich on whole wheat bread	\$6.25	Garlic bread	\$1.85
Grilled Cheese & Turkey sandwich	\$7.25	Pancakes (2pcs) with syrup	\$4.85
Macaroni & Cheese	\$7.00	Perogies (4pcs) with sour cream	\$4.55
Meatballs with mashed potatoes, gravy & corn (H) UPDATED!	\$8.00	Steamed Rice	\$2.50
Pancakes (2pcs) with Turkey sausage (2pcs) & syrup	\$8.00	Veggies & dip (ranch)	\$2.75
Pasta with meat sauce (GF)	\$7.50		
Pasta with tomato sauce (GF)	\$6.50		
Turkey Burger on a whole wheat bun	\$6.50	<u>Drinks</u>	
Veggie (w/ tofu) Stir-fry with steamed basmati rice NEW	\$7.50	2% Milk	\$1.75
VEG California Rolls (9 pcs) with soy sauce, ginger & wasabi packets	\$8.00	Chocolate Milk	\$2.00
Veggie balls with mashed potatoes, gravy & corn UPDATED!	\$8.00	Various fruit juices (100% juice)	\$1.75
Veggie burger	\$6.50	<i>Apple juice; Apple grape; Fruit punch; Strawberry banana orange</i>	
<u>Complete Meals</u>		<u>Condiments</u>	
BLT (turkey bacon, lettuce & tomato) with Fruit NEW	\$8.00	Butter	\$0.50
Chicken caesar wrap with Fruit (H)	\$8.00	Cheddar Cheese slice	\$1.00
Tuna salad sandwich with Fruit	\$8.00	Extra Syrup	\$0.35
Chicken fried rice (H)	\$6.75	Mayonnaise	\$0.55
Tofu fried rice	\$6.75	Parmesan cheese	\$0.55
		Pickles	\$0.50
<u>Snacks & Desserts</u>		Plum sauce	\$0.50
Banana muffin (SFTE)	\$1.95	<i>Ketchup, Relish, Mustard</i>	<i>Comp.</i>
Carrot muffin (gluten-friendly) (SFTE)	\$1.95		
Chocolate chip cookie (SFTE)	\$1.50		
Diced fruit	\$2.50		
Fruit of the day	\$1.75	Rice pilaf = with peas & carrots	
Fudgy Brownie (SFTE)	\$1.75	(GF) <i>Gluten-friendly also available. See prices online.</i>	
Popcorn	\$2.15	(H) <i>Halal options also available. See prices online.</i>	
Yogurt cup	\$1.75	(SFTE) <i>Sweets from the Earth Premium Baked Good.</i>	

Prepared in our inspected, commercial nut-free facility. We follow all Public Health Guidelines & Safety Protocols.

We specialize in individually packaged Grab'n'Go service.

Please contact us directly regarding any allergy questions or concerns.

Due to challenges with food supply, substitutions may be made at our discretion.

Leave the lunches to us! Visit our website at www.kidskitchen.ca for more menu options.

Ordering is easy! Online orders must be entered by 10am the previous business day.

Call: 905-944-0210 Email: information@kidskitchen.ca



2024-2025